



HOSC RURAL HEALTH EVENT

Investigating NHS delivery in rural East Sussex

Friday 27th November 2009, Uckfield Civic Centre, Uckfield TN22 1AE

9.30 am Registration

10.00 am Welcome

Councillor Sylvia Tidy, Chair of East Sussex Health Overview and Scrutiny Committee (HOSC). An introduction to the day, its aims and objectives

10.10 am Rural East Sussex

Speaker: Jeremy Leggett, Chief Executive, Action in rural Sussex

An overview of the key challenges facing rural communities in East Sussex, both for them and for those providing services to them

10.30 am Community Health Services in Rural East Sussex

Speaker: Alice Webster, Head of Unscheduled Care, East Sussex Community Health Services

An overview of the complexity and key challenges of providing community health services in rural East Sussex

10.50 am BREAK

11.05 am Vox Pops – Personal Experiences of Rural Health Services

A series of stories from local people describing their personal experiences of delivering or receiving health services in rural East Sussex. Speakers include:

- Rural service users' experiences – Elizabeth Mackie, East Sussex LINK
- A community worker and health practitioners' experience of community led activity with older people in rural areas and its impact on health and wellbeing – Caroline Scotter, Action in rural Sussex and Simone Oates, Occupational Therapist, Grove House, Crowborough Hospital
- A practitioners' experience of providing mental health support to young people in rural areas – Sue Davies, Senior Social Worker and Acting Team Leader Hastings and Rother, Sussex Partnership NHS Foundation Trust
- A GPs' experience of delivering health services in rural communities – Dr Matt Bell, Bird in Eye Surgery, Uckfield and Dr Clarissa Fabre, Buxted Surgery

12.05 Rising to the Challenge - How Can Health Commissioners and Providers Respond?

Mike Wood, Chief Executive, East Sussex PCTs sets out his views on how health commissioners and providers can respond to the challenges set out in the previous presentations and vox pops

12.20 pm Questions and discussion

1.00 pm LUNCH

1.30 pm Breakout Groups at the Scrutiny Café¹

A series of three 20 minute small group discussions to explore specific issues and identify what concerns people most. At the end of each session, each group will feedback the main issue they have identified.

3.00 pm Feedback from Breakout Groups

3.20 pm Wrap Up and Next Steps – Cllr Sylvia Tidy

3.30 pm CLOSE

¹ **Scrutiny Café** offers participants the opportunity to share experiences, information and ideas in a relaxed café-style environment. It is self-facilitating and participant driven, and allows for self-recording of thoughts and ideas.