



## **HOSC RURAL HEALTH EVENT**

### **Investigating NHS delivery in rural East Sussex**

27 November 2009, East Sussex National Golf Club, Uckfield (TBC)

**9.30 am Registration**

**10.00 am Welcome** Councillor Sylvia Tidy, Chair of East Sussex Health Overview and Scrutiny Committee (HOSC). An introduction to the day, its aims and objectives

**10.15 am Commissioning Health Services in East Sussex**

Speaker: Mike Wood, Chief Executive, East Sussex PCTs. An overview of how the PCTs commission services for the whole of East Sussex, covering the PCTs' five strategic objectives:

- Reduce health inequalities and improve life expectancy
- Improve chronic disease detection and management and treatment
- Improve health
- Increase investment in older people's services
- Improve mental health and well being

**10.30 am The Challenges of Providing Health Services in Rural East Sussex**

Speaker: Jayne Boyfield, Director of Provider Services, East Sussex Community Health Services (or another senior manager from her team). An overview of the complexity and key challenges of providing health services in rural East Sussex: e.g. accessibility, economies of scale, viability, quality, cross-border liaison. Ideally, the presentation will tie in primary care, secondary care, acute services, and preventative services and also include community hospitals and mental health issues.

**10.45 am Questions**

**11.00 am REFRESHMENT BREAK**

**11.30 am Vox Pops – Personal Experiences of Rural Health Services**

- Health inequalities and life expectancy - Possible speaker: Pat Bunell, AiRS
- Chronic diseases - Possible speaker: Chris Sampson GP
- Improving health - Possible speaker: Youth Parliament member
- Older people's services - Possible speaker: Senior Citizen/Forum
- Mental health and well being - Possible speaker: Martin Packwood, Lead Commissioning Manager, Adult Mental Health Services
- Best practice - examples from East Sussex and other counties

<b>Noon</b>	<b>Panel - questions and discussion</b>
<b>12.30 pm</b>	<b>LUNCH</b>
<b>1.30 pm</b>	<p><b>Breakout Groups at the Scrutiny Café<sup>1</sup></b>  A series of 3, 20 minute small group discussions to explore specific issues, what concerns people most, and potential lines of enquiry that HOSC could pursue relating to:</p> <ul style="list-style-type: none"> <li>▪ Health inequalities and life expectancy</li> <li>▪ Chronic disease</li> <li>▪ Improving health</li> <li>▪ Older people's services</li> <li>▪ Mental health and well being</li> </ul>
<b>2.30 pm</b>	<b>Feedback from Breakout Groups</b>
<b>3.00 pm</b>	<b>BREAK</b>
<b>3.15 pm</b>	<b>Wrap Up and Next Steps – Cllr Sylvia Tidy</b>
<b>3.30 pm</b>	<b>CLOSE</b>

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<sup>1</sup> **Scrutiny Café** is a face to face engagement technique developed in the 1990's, and used successfully at a number of scrutiny events including the 2008 Centre for Public Scrutiny conference. It offers participants the opportunity to share experiences, information and ideas in a relaxed café-style environment. It is self-facilitating and participant driven, and allows for self-recording of thoughts and ideas. In summary it involves:

- small group discussions on hosted tables (maximum 10 people per table, plus host)
- discussion around a common set of questions
- after 20 minutes participants move to a new table, allowing views, information and ideas to be exchanged
- table hosts remain at their table to outline the discussions so far
- new questions are introduced for each round
- groups are encouraged to reach common ground
- thoughts and ideas are recorded by participants on a paper table cloth
- plenary at the end to share insights and reflections
- a report is written up capturing discussions and conclusions – in this case, potential lines of enquiry for HOSC in relation to health services in rural areas