



## East Sussex Mental Health Day and Vocational Services



“Inherent in every person there is a natural healing impulse, a motivation toward health and wholeness.

This motivation can be ignited and strengthened in an environment where an attitude of hope and a belief in each person’s potential for growth is pervasive.

At the heart of an individual’s recovery from mental disorder is the restoration of personal, social, and environmental connections.”

**Windhorse Principle**



## History

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- *2004* review  
Need to modernise to promote social inclusion, recovery and good value for money
- *2006* Department of Health commissioning guidelines
- *2006* East Sussex Commissioning frame work.
- *2006* Independent consultations Tri Nova recruited
- *2007* Tri Nova made recommendations for future service model.

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## Review Process

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- Discussion groups with users of services <sup>(171)</sup>
- Interviews with commissioners, managers and staff
- Postal questioners for users of day and vocational services <sup>(232)</sup>
- Postal questions to service users not using day and vocational services <sup>(73)</sup>
- Stakeholder events

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## Service User Involvement

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Service Users involved in:

- Project management
- Design of the research
- Conducting the research
- Shaping service re-design
- Development of service specifications and tender documents
- Selecting future providers

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## Service User Involvement

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- 4 service users on Project Steering Group
- Independent user consultant
- User reference group
- Service user involvement evaluation

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## Investment in types of services

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- Safe space ~85%
- Vocational support ~12%
- 1:1 participation in mainstream activities <2%
- Supported employment (paid) <1%

[Not including Summerhayer in analysis]

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## New Service Model

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- Resource Hubs
  - Social contract
  - Support
  - Structured activity, skills development
  - Safe environment
  - Rural out reach
- Community Links Services
  - Access to 'mainstream' leisure, educational, cultural activities
- Vocational Service
  - Help to find and keep paid employment

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## Resource Hub

- Social contact
- Activity (groups, courses, social enterprises)
- Support (staff; peer)
- Access to skills development
- Information, advice, signposting

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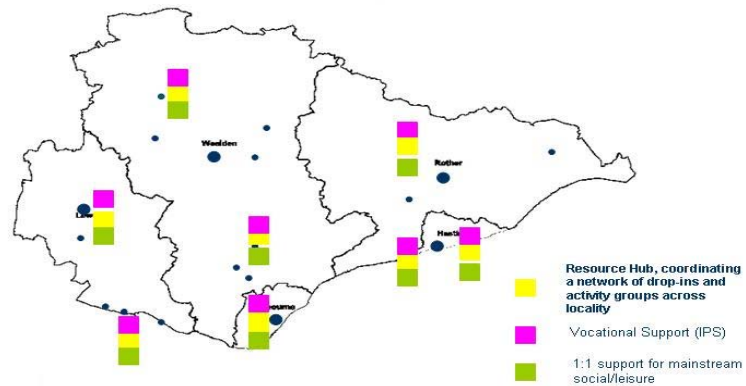
## New Service Providers

New Service	Current Service	New Provider
Lewes and Area	47a Western Road, Lewes	Newhaven Community Development Agency
The Havens	Summerhayes	
Eastbourne and District	The Cottage The Bourne Saffrons Lodge	Sussex Oakleaf
South Wealden (Hailsham)	Middlebridge	
North Wealden (Crow borough or Uckfield)	Grove House	
Hastings	Hastings Resource Centre	Together
Bexhill Hill	73a London Road, Bexhill	
Countywide Vocational Service	Sussex Partnership Trust	Southdowns Housing

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## Minimum service sets in each locality



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## Transition

- New contracts in place 1 July 2009
- Transitions Board and individual transition plans
- Assessment of service users
- Regular contact and meetings with current staff and service users

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