

Report to: **East Sussex Health Overview and Scrutiny Committee (HOSC)**
Date: **16th September 2010**
By: **Director of Governance and Community Services**
Title of report: **Strategy for Older People's Mental Health Services**
Purpose of report: **To update HOSC on the local strategy for older people's mental health, with particular focus on dementia strategy.**

RECOMMENDATIONS

HOSC is recommended to:

- 1. Consider and comment on progress with the strategy for older people's mental health.**
 - 2. Agree whether the Committee wishes to receive further reports on this topic.**
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1. Background

1.1 Given the older and ageing profile of the East Sussex population, older people's mental health services have been included as a priority within HOSC's work programme for some time. HOSC received reports on the local strategy for older people's mental health in June 2008 and September 2009. The last report focused on the local strategy for dementia care, following on from the publication of the first national dementia strategy by the Department of Health in February 2009. The national strategy was very broad and represented a significant challenge to local commissioners and providers of care.

1.2 HOSC noted that local NHS and social care partners were working jointly on developing the local response to the national strategy, working through the Older People's Partnership Board. Following an assessment of current services, an action plan was in development to set out the proposed approach to developing care in East Sussex. It was planned to undertake a care pathways mapping exercise in early 2010 to further develop the strategy.

1.3 East Sussex had also successfully bid to the Department of Health for funding to become a National Demonstrator site for three initiatives:

- The introduction of 3 dementia advisors and volunteer training.
- Breaks for carers of people with dementia.
- GP liaison

1.4 Alongside the wider strategy, HOSC also considered and supported, during 2008, specific proposals to reduce the number of acute assessment beds for dementia in favour of continuing investment in community based assessment and care. The proposals also involved relocating remaining acute assessment beds from Milton Court in Eastbourne to the Beechwood Unit in Uckfield. This was intended to be a medium term measure to enable Milton Court to develop as a social care-led dementia care facility and the intention was to relocate the assessment beds to Eastbourne at some point in the future once suitable premises became available.

2. Local Developments

2.1 An update on local strategy for older people's mental health services, with a particular focus on dementia strategy, is attached at appendix 1. Also attached at appendix 2 is the latest version of the East Sussex dementia action plan which sets out in more detail the various activities underway to develop dementia awareness, diagnosis and care in the county.

2.2 Appendix 1 also includes an update on the situation with acute assessment beds at the Beechwood Unit. Sussex Partnership NHS Foundation Trust, as the provider of this service, has also supplied some information on the usage of the unit during the last year – this is attached at appendix 3.

2.3 Martin Packwood, Joint Commissioning Manager for Mental Health, NHS East Sussex Downs and Weald/NHS Hastings and Rother/ESCC Adult Social Care and Neil Waterhouse, Service Director, Sussex Partnership NHS Foundation Trust will present the updates to HOSC and take questions.

3. Issues to consider

3.1 HOSC may wish to explore themes such as:

3.2 Funding for dementia services

- How the resources available for delivering the action plan may be affected by the challenging financial climate.
- What planning is underway for the sustainability of services funded through the Department of Health pilot programme and the Strategic Health Authority funding in 2010/11.
- How the benefits of new approaches to dementia care are being evaluated in terms of value for money, and whether this will provide evidence to support continued investment (for example, the benefits of dementia care advisors or 'in-reach' services to nursing/residential homes)
- The scope of the collaborative service redesign process underway between NHS and social care partners.

3.3 Service user and public involvement

- The key issues raised by service user and carer representatives at the care pathways mapping event, and how have these been addressed in the action plan.
- How the local health promotion campaign will be developed and evaluated.

3.4 Early diagnosis

- Whether there has been progress in increasing the rates of diagnosis and reducing variation between GP practices.
- The status of memory clinics/services across the county and how far these have developed into a consistent county-wide approach.

3.5 Hospital care

- The approach to reducing lengths of stay and improving hospital care for people with dementia.

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Report to the East Sussex Health Overview and Scrutiny Committee Older People's Mental Health Services

Background

HOSC last received an update on strategies for improving mental health services for older people in September 2009.

This paper aims to provide a further progress report on the actions taken over the last year, and wherever possible to report directly on actions that were then being planned.

HOSC will be aware from its recent involvement in the public consultation on mental health services in East Sussex, that it is planned that older people with 'functional' illnesses (such as depression), will in the future be provided with services consistent with adults of working age who experience such problems.

HOSC has asked that it be updated on these development and arrangements have been agreed to facilitate this. As a result, this paper focuses on the National Dementia Strategy and its implementation in East Sussex.

East Sussex Dementia Strategy

A detailed Dementia Strategy Action Plan was completed in late 2009 and was approved by the East Sussex Older People's Partnership Board in November. The Plan is regularly updated to reflect changes in approach and report progress. The latest version (updated in May) is attached for information.

The proposed 2-day care pathway mapping workshop took place in January as planned, and was attended by over 70 people who live and / or work with people with dementia. Outcomes were written up and widely circulated for comment before being adopted in April.

Implementation arrangements have been updated with a new dedicated Joint Commissioning Group being established under the chairmanship of the PCTs' Deputy Chief Executive, and expanded membership (including for example GPs) to reflect the wide range of objectives of the strategy.

The Group has determined its priorities for 2010/11 and receives regular reports on progress being made.

Progress to date

As a national demonstrator site for piloting dementia advisors, East Sussex saw the successful launch of this new service in April. It is provided in partnership with the Alzheimer's Society who employ 3 advisors who also train and supervise volunteers to support people with dementia and their carers who need ongoing support to understand the information provided and accessing services to which they have been signposted by the dementia advisor.

In parallel with this development Adult Social Care services commenced its 'breaks for carers of people with dementia' (respite) service, which delivers a range of flexible two hour breaks enabling carers to pursue their own interests or needs whilst their cared for is supported.

The planned expansion of the psychiatric liaison service also went ahead in April 2010, providing expert care and support to patients being admitted to general acute hospitals who also have dementia. This service now also covers mainstream intermediate care services.

Priorities for 2010/11

A priority for this year remains increasing rates of early diagnosis of people with dementia, and the development and commissioning of a high volume service to address the approximately two thirds of people who it is predicted may have dementia, but do not currently appear on primary-care based disease registers (under the Quality and Outcomes Framework or 'QOF').

An outline specification has been agreed. This involves expanding the role of dementia advisors to whom GPs can then refer patients for pre-diagnostic information, advice and support, thereby to hopefully help overcome the stigma associated with coming forward for a formal diagnosis – a significant factor in under-reporting.

Formal diagnosis would then be provided based on preparatory work by referring GPs, to include cognitive screening, blood tests, medication review and the ruling out of physical causes of symptoms. At the dementia clinic, outcomes from further, more sensitive, cognitive tests and possibly results from CT scans (as necessary), would be brought together for specialist determination of a dementia diagnosis.

Where prescribing of anti-dementia drugs is indicated, these would be initiated at the clinic, and GPs advised of the outcome of the diagnostic process, repeat-prescribing arrangements and review, with the aim that more patients are placed on QOF registers and benefit from the associated reviews of their condition as it progresses.

Dementia advisors would also continue to provide information, advice and support to people following diagnosis, and sign-post / refer people to available specialist services, as these become necessary as a result of the course of the illness.

Commissioning this important new service, which will build upon existing initiatives such as the Memory Assessment and Support Team (MAST) and existing memory clinics, will be a challenge in the context of very limited resources being available in future years. A collaborative process of service re-design has therefore begun between the PCTs, Sussex Partnership Trust and Adult Social Care services, to identify where savings can be released from across the whole health and social care system.

Transformation Funding

As a result of a successful Sussex-wide bid to the Strategic Health Authority for additional investment funds for dementia, £1.5 million is being made available in 2010/11 for a number of initiatives.

This reflects the priority being accorded to the development of dementia services in Sussex, and provides a real opportunity for these to be transformed in line with national and local strategic objectives.

These funds will be used to:

- establish the proposed early diagnosis services (described above)

- expand the role of dementia advisors
- quantify the opportunity to improve general hospital care of older people being admitted who have dementia, and the potential to release funds by reducing protracted lengths of stay
- pilot a dementia care 'in-reach' service for nursing and residential care homes, initially focusing on those with high admission rates to hospital in order to reduce these rates and release savings
- run a local health promotion campaign to reduce the stigma associated with dementia and encourage people to come forward for diagnosis
- establish an academic dementia research unit at Brighton and Sussex University Hospitals Trust

The challenge in the coming year will be to successfully grasp the opportunity to transform dementia services, and to realise not only the clinical but financial benefits of investment, and thereby ensure its sustainability.

Beechwood (Uckfield) – In-patient Dementia Assessment Unit

HOSC members will recall that they had previously supported the movement of dementia assessment beds from Milton Court in Eastbourne, and their consolidation at the Beechwood unit in Uckfield, which enabled investment in community services to be sustained.

This move also enabled Adult Social Care services as its owner, to re-develop Milton Court (now Grange) as a specialist Dementia Care Centre with day services, respite beds and other resources.

HOSC also approved these changes on the understanding that assessment beds would be re-located back to Eastbourne in due course, and whilst this remains the position of the PCT, there are no immediate or well developed plans for undertaking this.

Having recently been involved in the public consultation on mental health services in East Sussex, HOSC will appreciate that there may be a number of opportunities for re-location arising from proposals to reconfigure in-patient mental health beds for adults.

Whilst these opportunities are being explored, options are at a very preliminary stage of development indeed, and would also need to take in to account impacts on NHS services and sites retained in the Wealden area.

Once the feasibility of any options for re-locating dementia assessment beds to Eastbourne have been established, HOSC can be assured it will be consulted on its views before any decisions are taken.



Hastings & Rother
East Sussex Downs & Weald



EAST SUSSEX DEMENTIA ACTION PLAN 2009 - 2012

NOVEMBER 2009 – MAY 2010 UPDATE

East Sussex Dementia Action Plan 2009-12

Context:

This multi agency plan has been produced in direct response to the publication in February 2009 of the National Dementia Strategy 'Living Well with Dementia'. It is underpinned by the findings contained within the East Sussex State of Readiness Review published in April 2009.

East Sussex State of Readiness Review Key Findings:

- Many of the building blocks for creating a comprehensive care pathway for older people with dementia were in place in East Sussex
- These different parts were not always clearly understood and communicated either between organisations, or to the public, and the range of available services could therefore be better co-ordinated to greater effect
- Should all aspects of an integrated care pathway be fully developed and operated in an effective and co-ordinated way, it was likely that significant investment would be required at all stages in response to currently unmet need

The Action Plan is constructed in such a way that it outlines actions underway or actions to be taken in each of the 17 objectives identified in the National Dementia Strategy. The National Strategy is (quite-rightly) extremely wide-ranging in its scope, and as such sets down a significant challenge to commissioning and provider organisations to work across their traditional internal as well as external boundaries of responsibility. This plan should not be viewed in isolation. Rather it links with and is dependant on the implementation of wider organisational strategies such as Putting People First and the Carers Strategy and the development of integrated and whole systems working within East Sussex.

Accountability:

This plan has been agreed by senior officers of the statutory organisations tasked with commissioning and providing services for people with dementia and their carers. A progress report will be provided to the Older Peoples Partnership and Mental Health Partnership Boards on a six monthly basis or as requested.

National Dementia Strategy (East Sussex) Action Plan 2009-2012

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
1	Improving public and staff awareness	<ul style="list-style-type: none"> • Increased prevention of dementia • Promote social inclusion and combat stigma • Dignity for people with dementia • Knowledge building on part of public to ensure viability and effectiveness of least intrusive social care interventions in conjunction with person's social network 	<p>Commission Public Health / Health Promotion campaigns in, libraries, community organisations, building on National Awareness Raising Programmes.</p> <p>Develop joint communication plan to raise awareness and understanding of dementia. To include:</p> <ul style="list-style-type: none"> • People aged 50 plus • Carers • Minority groups <p>Integrate the wider health promotion messages e.g. what is good for the heart is good for the head</p> <p>Maintain updates on developing evidence base of effective intervention for people with Dementia</p> <p>Increased training element included in Older Peoples Mental Health Liaison Service to include Staff Groups and Residential/Intermediate Care Environments</p> <p>Appropriate condition and support information is available at the earliest opportunity</p>	<p>June 2010</p> <p>June 2010</p> <p>June 2010</p> <p>Ongoing</p> <p>Completed</p> <p>Ongoing</p>	<p>East Sussex PCT's ESCC ASC SPFT Alzheimers Soc Supporting People partnership</p>

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
			Make use of communal areas in Supporting People funded sheltered housing to improve public and staff awareness of Dementia through training and other events.	Ongoing	
2	Good quality early diagnosis for all	<ul style="list-style-type: none"> • Access to rapid and good quality specialist assessment • Increased equity in access across the county • Increased opportunity for service users and carers to plan early for their support 	<p>Extend MAST pilot across Hasting and Rother</p> <p>Review and reconfigure Memory Service provision across East Sussex</p> <p>Increase identification and registration of people with dementia and cognitive impairment in Primary Care</p> <p>Brief front line staff to signpost people to seek inclusion on Primary Care Dementia registers</p>	<p>Completed</p> <p>March 2011</p> <p>Oct 2010</p> <p>Ongoing</p>	<p>East Sussex PCT's SPFT</p> <p>East Sussex PCT's SPFT</p> <p>East Sussex PCT's/Primary Care/SPFT</p> <p>East Sussex PCT's/Primary care NHS Providers ESCC ASC Third Sector</p>
3	Good quality information for those with diagnosed dementia and their carers	<ul style="list-style-type: none"> • Better understanding of the illness at both diagnosis and throughout progression • Increased access to wider range of services 	<p>Implement Dementia Advisor Pilot across County</p> <p>Develop written or e-guide of services available</p>	<p>Completed</p> <p>May 2010</p>	<p>Alzheimers Soc</p> <p>Alzheimers Soc</p>

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
		<ul style="list-style-type: none"> Improved choice and planning of support 			
4	Enabling easy access to care, support and advice following diagnosis	<ul style="list-style-type: none"> Increased support for service users and carers in accessing services Clearer and more coherent person centred pathway 	<p>Implement Dementia Advisor Pilot across County</p> <p>Conduct Dementia Care Pathway Mapping Exercise</p>	<p>Completed</p> <p>Completed</p>	<p>Alzheimers Soc</p> <p>All relevant stakeholders</p>
5	Development of structured peer support and learning networks	<ul style="list-style-type: none"> People with dementia and their carers able to access local support and feel less isolated People with dementia and their carers taking an active role in the development and prioritisation of local services 	<p>Dementia Advisor Pilot to achieve a base line map of peer support available in East Sussex</p> <p>Review National evaluation of Dementia Peer Support Pilots</p> <p>Ensure user and carer representation on Carers Breaks and Dementia Advisers Project Groups</p> <p>Ensure OPMH Service User/Carer Participation Panel are represented on all local development groups</p>	<p>May 2010</p> <p>Nov 2010</p> <p>Completed</p> <p>Ongoing</p>	<p>Alzheimers Soc</p> <p>Dementia Advisor Pilot Project Group</p> <p>Carers Breaks and Dementia Advisers Project Groups</p> <p>SPFT</p>
6	Improved community personal support services	<ul style="list-style-type: none"> Fewer delayed hospital discharges Less inappropriate admissions to care homes More people supported 	Ensure the needs of people with dementia are met within ESCC new reablement Living at Home Service as it is implemented during 2010/11 and access to day activities and respite breaks	Ongoing	East Sussex PCT's ESCC ASC SPFT Alzheimers Soc

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
		at home	<p>Ensure the housing support needs of people with dementia are met by the proposed visiting housing support service for older people.</p> <p>Seek views of carers of people with dementia and people with dementia (including those who live alone) about being supported at home and how their needs can best be met</p> <p>Provide support to scheme managers to enable older people to continue living at home in Supporting People funded sheltered housing services for as long as possible.</p> <p>Increase Alzheimers Befriending Service in Hastings and Rother PCT area</p> <p>Monitor Shared Lives Dementia Care Pilot</p>	<p>April 2012</p> <p>Ongoing</p> <p>Ongoing</p> <p>Completed</p> <p>Ongoing</p>	<p>Supporting People partnership</p> <p>Dementia Advisors</p> <p>Carers Breaks Pilot</p> <p>Supporting People partnership Dementia Advisors</p> <p>East Sussex PCT's</p> <p>ESCC</p>
7	Implementing the carers strategy	<p>Carers will be:</p> <ul style="list-style-type: none"> • respected as expert care partners • able to have a life of their own alongside their caring role • will be supported so they are not forced into financial hardship • supported to stay mentally and physically well and treated with dignity 	<p>Carers views sought, collated and shared via the Carers Strategy Consultation Group (ESCC ASC) and through using feedback from the Carers Demonstrator Pilots:</p> <ul style="list-style-type: none"> • Breaks for Carers of people with Dementia • GP Liaison Service: • Dementia Advisors <p>Participate in Carers Consultation Days and Conferences to ask relevant questions and receive feedback on progress with the Dementia Strategy Implementation</p>	<p>Ongoing</p> <p>Ongoing</p>	<p>Care for the Carers ESCC ASC Alzheimers Soc SPFT</p> <p>ESCC</p> <p>ESCC</p>

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
			<p>Implement specific Focus Groups to ascertain needs and aspirations of people with dementia and their carers</p> <p>Carers to have access to counselling and CBT</p> <p>Ensure the housing support needs of carers of people with dementia are met by the proposed visiting housing support service for older people.</p>	<p>Ongoing</p> <p>Ongoing</p> <p>April 2012</p>	<p>East Sussex PCT's SPFT</p> <p>Supporting People partnership</p>
8	Improved quality of care for people with dementia in general hospitals	<ul style="list-style-type: none"> Improved and more effective leadership for dementia in general hospital Establish clear care pathway in and out of general hospital for people with dementia Fewer delayed hospital discharges 	<p>Assess opportunities for improved hospital discharge and aftercare. Hospital presentation of people with early dementia / no diagnosis should ensure a) multi-disciplinary assessment, b) discharge home with intermediate step via respite as appropriate, and, c) case coordination to 'hold' case in community on discharge</p> <p>Increased Acute Staff training and Audit function for Older Peoples Mental Health Liaison Service</p>	<p>Completed</p> <p>Completed</p>	<p>East Sussex PCT's ESHT SPFT ESCC</p> <p>East Sussex PCT's SPFT</p>
9	Improved intermediate care for people with dementia	<ul style="list-style-type: none"> Fewer delayed hospital discharges Fewer admissions to residential care Improvement in physical health condition recovery for 	<p>Complete and agree service specification for extension of existing Older Peoples Mental Health Liaison Service</p> <p>Implement new programme to support increased access to intermediate care for people with dementia</p>	<p>Complete</p> <p>Complete and ongoing through I/C</p>	<p>East Sussex PCT's SPFT ESHT ESCC Independent Providers</p>

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
		people with dementia		review	
10	Consider the potential for housing support, housing related services and telecare to support people with dementia and their carers	<ul style="list-style-type: none"> • More people with dementia able to live longer in their own homes • More people with dementia able to be more independent • Increased support for carers • Promote social inclusion • Access to day time activities 	<p>Through the Strategic Forum, monitor and influence development of housing models and housing support which maximise independence, (i.e., assistive technology, flexible support packages) – specifically through the proposed visiting housing support for older people and sheltered housing.</p> <p>Promote use of telecare and assistive technologies to enable people with dementia to live in their own homes</p> <p>Ensure optimum use of day care activities and increase those which offer reminiscence and other psychosocial activities designed for people with dementia</p>	<p>Ongoing</p> <p>Oct 2010</p>	<p>Districts, Boroughs and RSL's as providers ESCC ASC Supporting People partnership East Sussex PCT's SPFT Third Sector</p> <p>East Sussex PCT's SPFT</p>
11	Improved quality of care for people with dementia in care homes	<ul style="list-style-type: none"> • Improved and more effective leadership for dementia in care homes • Establish clear care pathway in and out of residential care • Improvement in the ratings of care homes from the CQC • Only appropriate use of 	<p>Develop plan to provide CMHT in-reach services to residential settings</p> <p>Conduct Dementia Care Pathway Mapping Exercise</p> <p>Milton Grange residential home is currently being refurbished to meet best practice standards for older people.</p>	<p>(Need to confirm)</p> <p>Completed</p> <p>Completed</p>	<p>SPFT</p> <p>All relevant stakeholders</p> <p>ESCC ASC/SPFT</p>

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
		<p>anti – psychotic medication</p> <ul style="list-style-type: none"> • Promote better building design to conform to 'best practice' for people with dementia • Ensure staff are trained to recognise and record in advance what the person with dementia end of life care wishes are. This is to be in discussion with their carers /family 	<p>Pilot and audit a range of training interventions in selected care homes to impact on perceived and actual challenging behaviour and thus reduce anti-psychotic prescribing</p> <p>Conduct low does anti psychotic prescribing audit in Primary Care</p> <p>Following a Homes Review in 2004 the Age Well East Sussex PFI Project was established and is currently completing the final selection of the preferred bidder who will design, build, finance and manage the new buildings which will be located at Hastings, Westfield, Uckfield and Ringmer with 44-48 beds per home and are due to be completed 2011/12. All Homes will be built according to Best Practice taking account the needs of people with dementia. The short listed bidders have actively involved experts in the dementia design field i.e. Stirling and Oxford Brookes in advisory capacity in the building designs and in such aspects as landscape and gardens.</p> <p>Explore the possibilities of ESCC Adult Social Care staff incorporating the End of Life Care Core competencies and Principles for care into their staff training. Also explore the possibility of Staff receiving training in Advanced Care Planning, which also includes identifying the persons preferred place of care towards their</p>	<p>2010/11</p> <p>April 2010</p> <p>2011/12</p> <p>2010/11</p>	<p>SPFT</p> <p>East Sussex PCT's</p> <p>ESCC ASC</p> <p>ESCC ASC/East Sussex PCT's</p>

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
			end of their life.		
12	Improved end of life care for people with dementia	<ul style="list-style-type: none"> Increased individual preferences in EOLC through use of tools, (such as Advanced Care Planning and Liverpool Care Pathway) in the Mental Capacity Act Maximised use of palliative care networks to ensure best practice Better pain relief 	<p>Ensure that services which are available to provide high – quality end of life care are fully integrated into the care pathway for people with dementia and their carers</p> <p>Work collaboratively with the East Sussex End of Life Care Programme to ensure care pathway properly reflects the level of personalised wishes in peoples end of life</p>	<p>Ongoing</p> <p>Ongoing</p>	<p>East Sussex PCT's ESCC ASC SPFT Age Concern Alzheimers Soc Hospice's</p>
13	An informed and effective workforce for people with dementia	<ul style="list-style-type: none"> People with dementia and their carers receiving more personalised services Individuals cognitive, behavioural and social needs being responded to in more specialised ways, rather than as one generic label of dementia Increase in number of staff completing modules in dementia care. 	<p>Cross reference to current organisational development plans to ensure dementia skills training is incorporated into all rolling training programmes for relevant clinical and social care staff plus written into contractual obligations for VCS-provided services.</p> <p>Seek to work together with voluntary organisations which have expertise in this area of care e.g. H21 work in East Sussex and have an established training programme for their staff.</p> <p>Ensure all staff working with people with dementia have undertaken awareness training and attained competency standards as described in the Safeguarding Vulnerable Adults Competency Framework commensurate with their role</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>	<p>ESCC ASC SPFT East Sussex PCT's</p> <p>MH Commissioners</p> <p>All existing ESCC ASC staff and ESCC contracted staff Supporting People service providers</p>

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
14	A joint commissioning strategy for dementia	<ul style="list-style-type: none"> • People with dementia and their carers are well informed • Fear and stigma have decreased • Families know where to get help and what services to expect • People with dementia report increased positive experience of health and social care services • People seek help early and are encouraged to do so 	<p>Complete this action plan and obtain agreements from key partners so that this can be a lead document of the Dementia Commissioning Strategy / Older People Commissioning Strategy</p> <p>Implement Dementia Advisors Pilot</p> <p>Conduct a whole systems care pathways mapping exercise for Dementia in a dedicated half day workshop to map the 'current' and 'ideal' pathways</p> <p>Brief front line staff to signpost people to seek inclusion on PC Dementia registers</p> <p>Proactively seek and build continuous meaningful engagement with people with dementia and their carers to shape services and improve the health of those in contact with them</p>	<p>Completed</p> <p>Completed</p> <p>Completed</p> <p>Ongoing</p> <p>Ongoing</p>	<p>PCT and ESCC ASC Commissioners</p> <p>Alzheimers Soc</p> <p>All relevant stakeholders</p>
15	Improved assessment and regulation of health and care services and how systems are working for people with dementia and their carers	<ul style="list-style-type: none"> • Improvement in CQC ratings of care homes • Greater emphasis upon service user experience in quality ratings • Improved experience for younger adults with dementia • Fewer carers are left to navigate the system unsupported 	<p>Work with the Care Quality Commission to ensure that local care homes are compliant with all health and care regulation and are fit for purpose in delivering high quality personalised services to people with dementia</p> <p>Work with PCT infection control teams to highlight best practice in residential environments</p> <p>Review continuing provision of Seahaven Club for Early Onset Dementia</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Completed</p>	<p>East Sussex PCT's ESCC ASC</p> <p>East Sussex PCT's</p> <p>East Sussex PCT's ESCC ASC</p>

Number	National Dementia Strategy Objective	Key Outcomes	Actions	Timescale	Responsible Organisation
			Implement Dementia Advisors Pilot across East Sussex	Completed	Alzheimers Society
16	A clear picture of research evidence and needs	<ul style="list-style-type: none"> Increased causal evidence in biological research into disease origins Improved training of health professionals as result of research Better engagements of people with dementia in the design and evaluation of services to maximise their emotional wellbeing 	<p>Work with Brighton University to identify a Research Assistant to collate ongoing research findings to inform clinical and social practice</p> <p>Ensure staff and individuals referred to memory support services have access to latest research developments</p> <p>Review research to find and adopt 'best practice' to ensure that people with dementia are engaged and able to give feedback on their experiences</p> <p>Implement specific Focus Groups to ascertain needs and aspirations of people with dementia and their carers</p> <p>Ensure user and carer representation on Carers Breaks and Dementia Advisors Project Groups</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>	<p>SPFT East Sussex PCT's ESCC ASC</p> <p>SPFT</p>
17	Effective national and regional support for implementation of strategy	<ul style="list-style-type: none"> More strategic approach to service development Improved central monitoring of local NDS implementation 	<p>Work collaboratively across the Sussex Health and Care economy through the new DH South Coast Dementia Network</p> <p>Engage with Dementia Advisors and Carers Breaks Demonstrator Sites Project Learning Networks</p>	<p>Ongoing</p> <p>Ongoing</p>	<p>East Sussex PCT's ESCC ASC</p> <p>MH Commissioners</p>

Impact on move of assessment beds for dementia to Beechwood

Since the Milton Court closure and refurb, the HOSC will be aware that these specialist dementia assessment beds were moved to Beechwood. We briefed the HOSC on the impact a year ago. I can confirm the following in relation to this year's impact.

27 patients outside of the local area were admitted to Beechwood. This is broken down into the following:

- 12 patients from Seaford/Newhaven
- 1 patient from Hastings
- 14 patients from Eastbourne

All these patients and carers have been supported in relation to visiting and travelling and we have received no complaints from carers or relatives during this past year.

Beechwood is a specialist unit. It is able to provide a high standard of quality for the assessment of people with dementia and as such is now seen by patients and their relatives as providing this level of quality.

In addition no North Wealden patients have had to travel outside the area i.e. Hastings.

I would be happy to answer any questions the HOSC has in relation to the above information.

Neil Waterhouse
Service Director