

A teaching trust of Brighton
and Sussex Medical School

Sussex Partnership 
NHS Foundation Trust

Neil Waterhouse Service Director

Older Peoples Mental Health Services

8th September 2009

Objectives of original change plan

Reduce reliance on bed based services

Avoid unnecessary admissions to acute beds

Provide greater choice to service users and carers

Provide better services to enable individuals to be treated and cared
for in their own homes

MAST changes and benefits

- Developing across Hastings area
 - Principles replicated across Eastbourne area
 - Joint working and co-location with Alzheimer's society
-
- Easy access to service
 - Rapid screening
 - Sign posting to local support networks

Intensive Support Team changes and benefits

- Avoidance of unnecessary admissions
- Greater choice for users and carers
- 365 days a year
- Very successful as a model

In-patient changes and patient impact

- Travel: pre / post:

Oct 08 – Aug 09:

ave. of 3 pts admitted to Beechwood from Eastbourne or
Seaford per month (22 in total)

Total of 13 people admitted to St Annes during this period

- CMHT staff assist carers to visit

Bed Usage

	Occupied Bed Days			Average Length of Stay	
	April 07 to April 08 PRE IHT	October 08 to August 09 WITH IHT	Projected 2008 to 2009	April 07 to April 08	October 08 to August 09
Milton	5096	(Milton Court in Beechwood) 4416	5299	93	(Milton Court in Beechwood) 43
Beechwood	4914	Closed	Closed	78	Closed
Heathfield	6090	5118	6141	58	46
St Anne's	10372	8959	10750	78	49
TOTALS	26472	18493	22190	77	46

Commitments going forward to monitor service levels

Continued monitoring of bed usage and carer satisfaction

Evaluation of MAST and IHST using existing performance information

We will continue to ensure the monitoring of travel arrangements for
both service users and their carers

The Future

When the Milton beds come on line, there will be more beds than we currently have, covering a wider spectrum of need.

Equip clients and carers

Do more prevention, and more earlier intervention

Focus on maintaining independence and quality of life as well as delivering safe and effective therapies of all types

Deliver high quality and easily accessible services

Deliver strong co-ordination and planning of care

Ensure that home and community based services deliver the full range of interventions known to be effective, including in a crisis

Hospital care will provide the most intensive care for people with the most clinically acute and challenging needs

Do more to support our colleagues looking after people in DGHs and residential care homes.